



**For Youth Development
For Healthy Living
For Social Responsibility**

Youth Basketball League Rules

- TSSAA RULES UNLESS NOTED.
- Practice facilities furnished only for YMCA teams.
- Girls and boys have separate divisions.
- Technical foul on coaching staff is automatic 2 points plus ball.
- Clock stops on all dead balls unless a fifteen (15) point lead then clock will be continuous run.
- Length of games divided into two (13) minute halves.
- Overtime is first team to score.
- Each team receives 1 time-out only in overtime.
- Each team receives 4 time-outs per game- cannot be carried over into overtime.
- Players are determined to be eligible by the following rule:
 - 4/5 age or kindergarten or under - no back court pressing, games played on half court.
 - 6/7 age or first and second grade-no back court pressing, games are full court.
 - 8/9 or second and third grade - back court pressing in second half only, games are full court.
 - 10/11 or fourth and fifth grade- no pressing after a fifteen (15) point lead.
 - 12/13 or sixth and 7th grade - no pressing after a fifteen (15) point lead.
 - 14/17 or 8th grade thru 12th - regular high school rules
- Players can play only play on 1 team per grade division that they are eligible.
- Rosters and individual forms must be complete before playing first game.
- Players can be added during season but must turn release form in before playing.
- Players must play in 4 regular season games to be eligible for tourney.
- Any player throwing a punch will be suspended for at least their next 3 games.
- All players on team bench must play in each half without any specified amount of time, coaches will control this decision but the YMCA staff strongly recommends playing all of your players as much as possible during the regular season.
- For consideration to reschedule game team must give director at least 72-hour notice.
- Any player, coach, thrown out of 2 games will be banned for the remainder of season.
- Tourney seeding will be made according to W/L record and strength of schedule.
- Coaches are responsible for keeping bench area clean after each game.
- Fifth and Sixth grade teams and older will shoot free throws from normal line.
- Fourth grade teams and younger will shoot free throws from 12 feet.
- 4/5 and 6/7 age divisions will shoot on 8-foot goal.
- 4/5,6/7, and 8/9 divisions will play with smaller ball.
- 10/11 division and above will play with normal high school regulation ball unless agreed upon by both teams participating.
- Foul language will not be tolerated and can result in technical foul. Any fan or coach thrown out of the game must leave YMCA or school gym within 3 minutes or game is forfeited.
- Home team is listed first on schedule.
- Any protests must be made during game and assigned referees must have written documentation prior to the start of the next game. Cost of protest is \$25.00 which also must be paid to referee prior to start of the next game. Program director will rule on protest within 48 hours and will refund the \$25.00 if protest is approved.
- Game time is playtime, otherwise teams will forfeit game, and teams must have at least 4 players to start game.