

September

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 7:55 No Class 8:30 Interval Linda 10:00SS Marie	2 9:00 No Class 10:15 BP Kerri
3 3:00 Shake Mattie	4 CLOSED LABOR DAY	5 8:30 Zumba Heather 9:30 Yoga Ashley 10:00SilverYoga Marie 5:30 Tabata Heather 6:45 Glow Zumba Rachel	6 7:55 Pilates Sandy 8:30 Burn&Firm Linda 10:00 SS Marie	7 8:30 Zumba Heather 10:00 Silver Yoga Marie 5:30 Interval Amber	8 7:55 Pilates Sandy 8:3020/20/20 Linda 10:00 SS Marie	9 9:00 Kickbox Bootcamp Brett 10:15 Interval Kerri
10 3:00 Shake Mattie	11 7:55 Pilates Sandy 8:30 BP Linda 10:00 SS Linda 5:30Sculpt/Pound Mattie	12 8:30 Zumba Heather 9:30 Yoga Ashley 10:00 Silver Yoga Marie 5:30 Interval Kerri	13 7:55 Pilates Sandy 8:30 Bands&Balls 10:00 SS Marie	14 8:30 Zumba Heather 10:00 Silver Yoga Marie 5:30 Interval Heather	15 7:55 Pilates Sandy 8:30Cardio-Kick Linda 10:00 SS Linda	16 9:00 Kickbox Bootcamp Brett 10:15 Sculpt Interval Kerri
17 3:00 Shake Mattie	18 7:55 No Class 8:30 Hi-Lo Linda 10:00 SS Linda 5:30Interval Kerri	19 8:30 Zumba Heather 9:30 Yoga Ashley 10:00 No class 5:30Cardio-Kick Heather	20 7:55 No Class 8:30 Interval Linda 10:00 SS Linda	21 8:30 Zumba Heather 10:00 No Class 5:30 BP Amber	22 7:55 Pilates Sandy 8:30Circuit Linda 10:00 SS Linda	23 9:00 Kickbox Bootcamp Brett 10:15 BP Kerri
24 3:00 Shake Mattie	25 7:55 Pilates Sandy 8:30 Cardio-sculpt Linda 10:00 SS Linda 5:30 Interval Amber	26 8:30 Zumba Heather 9:30 Yoga Ashley 10:00 No Class 5:30 BP Heather	27 7:55 Pilates Sandy 8:30 Buns&Bellies Linda 10:00 SS Linda	28 8:30 Zumba Heather 10:00 No Class 5:30 Interval Kerri	29 7:55 Pilates Sandy 8:30 Supersets Linda 10:00 SS Marie	30 9:00 Kickbox bootcamp Brett 10:15 Interval Kerri