



Unicoi County Family YMCA

601 Love Street, P.O. Box 60, Erwin, TN 37650

Phone 423-743-3361

www.ucfymca.org

2017/2018 YOUTH BASKETBALL RULES

1. Girls and boys are in separate divisions.
2. Divisions:
 - Preschool (Instructional League) Lowest goal height/ will play cross court
 - Ages 5-7 play on 8.5 ft. goal/ will play cross court
 - Ages 8 and older play on 10 ft. goal/ will play full court
3. 7-10 players on each roster highly recommended.
4. Technical foul on coaching staff is automatic 2 points plus ball.
5. 5-7-year-old divisions play two 13-minute halves.
6. Ages 8-9, 10-12 and 13-14 will play 18-minute halves with a running clock. The clock will only stop during the final 2 minutes of play each half.
7. High school division will play two 20-minute halves with a running clock. The clock will only stop during the final 2 minutes of play each half.
8. Ages 5-7: Fouls result in one point for team fouled, plus team gets ball back. If fouled in the act of shooting, team will be awarded one point plus two free throws.
9. Ages 5-7: Back court violation: 1 point plus ball, after two team warnings.
10. Overtime is first team to score and each team is allowed one time out in overtime.
11. Each team is allowed four time outs per game; they do not carry over into overtime.
12. Age requirements are determined by the player's age on November 6th prior to season.
13. Back court pressing rules:
 - Ages 5-7 and 8-9: No back court pressing
 - Ages 10-12: No pressing if team is ahead by 15 points
 - Ages 13 and up: Regular TSSAA rules.
14. Players can only play on one team per division in which they are eligible.
15. Rosters and the individual forms of each player must be complete before playing first game. Player will be allowed to be added to team rosters until January 1st. Players added after January 1st must go to team with worst record. Each added player must fill out an individual form at the time of being added to a team roster.
16. Players must play in four regular season games to be eligible for the tournament.



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17. All players must play at least half of the first half in each game.
18. Any player throwing a punch will be suspended for at least the next 3 games.
19. If you need to reschedule, it must be done 72 hours in advance. No Exceptions.
20. Tournament seeding will be made according to W/L record and strength of schedule.
21. Coaches are responsible for cleaning up their bench area after each game.
22. Boys divisions 5-12 will use 28.5 ball.
23. All girl divisions will use 28.5 ball
24. Boys divisions 13 and up will use 29.5 ball.
25. If a fan or coach is thrown out of the game, he/she must leave the YMCA building within 3 minutes or the game is forfeited.
26. Foul language will not be tolerated; technical fouls and/or ejections will be called according to the referees' discretion.
27. Protests must be made during game and assigned referees must have written documentation prior to the start of the next game. The cost of a protest is \$25.00 which must be paid to referee prior to start of the next game. Program director will rule on protest within 48 hours and will refund the \$25.00 if the protest is approved.
28. Game time is playtime. Teams not ready by game time will forfeit. If four players are present, you must go ahead and start the game with four players.
29. Team listed first on the schedule is the home team.
30. All teams participate in prayer before game.