

## November 2017 Silver Sneakers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 10:00 SS-Marie	<b>2</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>3</b> 10:00 SS-Marie	<b>4</b>
<b>5</b>	<b>6</b> 8:00 Water Aerobics-Marie 10:00 SS-Linda	<b>7</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>8</b> 10:00 SS-Marie	<b>9</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>10</b> 10:00 SS-Linda	<b>11</b>
<b>12</b>	<b>13</b> 8:00 Water Aerobics-Marie 10:00 SS-Linda	<b>14</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>15</b> 10:00 SS-Marie	<b>16</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>17</b> 10:00 SS-Marie	<b>18</b>
<b>19</b>	<b>20</b> 8:00 Water Aerobics-Sandy 10:00 SS-Linda	<b>21</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>22</b> 10:00 SS-Linda	<b>23</b> <b>Happy Thanksgiving!</b>	<b>24</b> <b>YMCA Closed</b>	<b>25</b> <b>YMCA Closed</b>
<b>26</b> <b>YMCA Closed</b>	<b>27</b> 8:00 Water Aerobics-Marie 10:00 SS-Linda	<b>28</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina	<b>29</b> 10:00 SS-Marie	<b>30</b> 8:00 Water Aerobics-Sandy 10:00 Silver Yoga-Marie 6:00 Water Aerobics-Gina		